



# Canossa Connects

A Quarterly Newsletter for Parents of Canossa Catholic Primary School  
Volume 1 2022

## A Note from the Editors...

In this new year, we celebrate Mother Foundress' legacy. Called by God, Mother Foundress, St Magdalene of Canossa, humbly served the poor and the little ones in the true spirit of charity and humility. Mindful of the dignity of every person, she advocated inclusivity, respecting and promoting the growth of the person, especially the poorest, to educate, evangelise and assist the sick.

The 10 Principles of a Canossian Leader which are inspired by Mother Foundress' legacy will influence and guide the thoughts, words and deeds of our students. We are excited by the line-up of activities and events planned for the year which aim to develop each and every one of our Canossian daughters and sons as Leaders of Hope and Sowers of Change!

Mrs Michele Ho & Ms Michelle-Anne Bheem  
Editors

## Starting School Right

The first three days of school were filled with a series of meaningful activities to prepare students for the new school year.

The classroom activities and ice breakers on the first day of school were focused on the theme, *Who Am I*. Students learnt about expectations and boundaries, explored their identity and developed a positive view of themselves. They learned how to share their ideas and thoughts respectfully to each other and how to make life-long friendships.

On the second day of school, there was an array of teambuilding activities across levels to communicate the theme for the day, *Our Common Goals*. These activities enabled students to establish their class goals, learn to work together in teams and as a class and acquire strategies to be good peer supporters to each other.

The last day of the 3-day programme, focused on *Joy of Learning*. Students took tangible steps to make improvements in their learning. Lessons on goal setting, time management and cyber wellness, empowered our students to make responsible decisions for themselves and encouraged them to have a growth mindset. Guided by our 10 Principles of a Canossian Leader, and with regular self-reflection and the continued support of their parents, teachers and peers, students will continue to grow in their personal journeys of self-improvement.

Written by Mrs Priscilla Ho

**“ I belong here  
and I want others  
to feel belonged  
too.”**

## Opening of School Year Mass

Friar Derrick Yap celebrated the Opening of School Year Mass in our school hall on 24 January 2022. Held annually, the Opening of School Year Mass is a meaningful celebration where the school comes together to ask for God's guidance and blessings as we begin our new school year. Our Canossian Sisters joined us for the Mass which was broadcast live to all our teachers and students in the classrooms.

Presenting the theme for the year – *Act Justly, Love Kindly, Walk Humbly* – Friar Derrick shared that St Magdalene, St Bakhita and all the Saints knew their purpose in life and made many sacrifices by living their lives in service of others. Like them, we should always remain humble so that we can listen fully with our hearts and learn from God's message to us.

The Mass ended with Friar Derrick's blessing of the Sisters, staff and students. The Opening of School Year Mass was a beautiful reminder to everyone to live out our school values and to always *Act Justly, Love Kindly, Walk Humbly* so that we can always be the best versions of ourselves in everything we say and do to make wherever we are a loving place.

*Written by: Mrs Audrey Tan*

## Lunar New Year Celebrations

As part of the Lunar New Year celebration at Canossa Catholic Primary School, our teachers and Primary 6 students put up a skit to educate our students about why and how we celebrate Lunar New Year.

Students enjoyed the lively performance by our teachers and students. Ms Joslyn taught them simple dance steps to a popular Chinese New Year song. In the true spirit of active participation, students learned this new dance with great enthusiasm.

Students got to know more about the traditional lion dance which is performed during festive occasions to chase away evil spirits and usher in prosperous times.

Teachers and students of different ethnic groups showcased their talents in Chinese Calligraphy. They had fun holding a traditional bamboo brush dipped in ink to write an auspicious Chinese character. There was also an engaging Kahoot! class activity for our children.

*Written by: Mdm Lim Sin Li*

**“ Act Justly,  
Love Kindly,  
Walk Humbly. ”**

**“ I know and do  
what is  
good and just  
even when no one is  
watching. ”**

## Total Defence Day

Total Defence Day falls on 15 February each year. This year, our school commemorated Total Defence Day from 14 to 18 February 2022 during recess, CCE lessons and FTGP lessons.

Throughout the week, our students learned about why it is important to strengthen our resolve to keep Singapore safe, secure and sovereign. They learnt about Singapore's Total Defence capability via the six pillars of defence: Military, Civil, Economic, Social, Digital and Psychological Defence and how they each play a part in contributing to Singapore's defence.

This day is also a meaningful one in the history of our school and our Canossian Sisters. Students watched a special video clip about our Sisters during the days of World War II. They learned about how our Sisters stood strong to overcome all the difficulties that were faced during World War II and how they courageously led the children under their care to safety. They were encouraged to put total defence into action in their daily lives, just like our Sisters.

During recess, the students wrote little notes of appreciation to thank people who have contributed to Singapore's safety and security, such as the Singapore Armed Forces and our Canossian Sisters. These notes were put on display, serving as reminders for all of us to be grateful and to never take Singapore's safety and security for granted.

*Written by: Ms Michelle-Anne Bheem*

## Canossian Saints' Week Celebration

Prior to the launch of Canossian Saints Week, as part of the school's commemoration of Total Defence Day, our students learnt about how the Canossian Sisters emulated our Canossian Saints in the way they loved and cared for the children under their charge during the March to Bahau in 1942.

A week-long celebration in honour of our Canossian Saints was launched on 21 February. Our students reflected on

the lives and legacies of our Foundress, St Magdalene, and our Universal Sister, St Josephine Bakhita, during their Values Education lesson. In line with the school's theme of *Act Justly, Love Kindly, Walk Humbly*, the students then thought about how they could carry on this legacy as Canossian students through their words and actions.

During recess for each day of the week, students took part in different activities led by two groups of Student Leaders, namely the Catholic Student Leaders and the Prefects. The younger students liked listening to the stories of the lives of our Canossian Saints, their sacrifices and love for the people they served. Our Catholic Student Leaders told these stories with enthusiasm and quizzed their schoolmates to deepen their knowledge and love for our Canossian Saints.

Students particularly enjoyed the activity where they reflected on their actions as Canossian Leaders to *Act Justly, Love Kindly, Walk Humbly*. Our Head Girl, Valerie, explained each part of the theme to the whole

**“ I am keenly  
aware that I can  
make things  
better. ”**

**“ I know  
my purpose  
in life. ”**

school at the morning assembly over 3 days. Little cards with the icons of the hand, heart and foot representing *Act Justly, Love Kindly, Walk Humbly* respectively, were given to each student to write pledges on how they choose to live out the school theme. During recess, our Prefects helmed activities which focused on helping our students become more familiar with our 10 Principles of Canossian Leadership. They encouraged our students to learn the Canossian Leadership Principles. Students submitted the little cards to the Prefects, which were used to design a few collages and these were offered up at Canossian Saints' Day Mass as a promise to live our Principles to be the best of our ability.

*Written by Mrs Audrey Tan and Mrs Ethel Koh*

**“ I make  
wherever I am  
a loving  
place. ”**

**“ I advocate  
for all that is  
good and just. ”**

### **Canossian Saints' Day**

The week-long Canossian Saints' week celebration culminated in a Eucharistic Celebration on 28 February when the school came together to thank God for the gift of our Canossian Saints – St Magdalene of Canossa and St Josephine Bakhita – from whom we learn the values of Charity, Humility, Forgiveness and Faith. At the Mass, we prayed that our faith will be strengthened as we walk in the way that the Canossian Saints did through our daily actions.

The celebrant of our special Mass was Friar Derrick, who shared the message that love has its origins in the word *agape* and *caritas*, which means love and charity. When St Bakhita forgave her slave masters, her forgiveness showed the love she had for them. Our Foundress' heart was so full of love for the people around her that she reached out to them. Hence, we should all learn to forgive others for any wrongdoings and do our best to reach out to those around us who are in need.

After the beautiful Mass celebration, students learnt about the meaning of Lent and the three Lenten practices of prayer, fasting and almsgiving. As Lent is a period for us to grow in charity, students were encouraged to participate actively in the school's Lenten Project by carrying out *Acts of Mercy* and donating to the needy through their hand-made *Gift of Love* boxes.

Teachers also led the students in a class activity to recall what they had learnt during Canossian Saints' Week. This was followed by a class discussion to deepen their understanding of the 10 Canossian Leadership Principles and how they can uphold them.

The P3 to P6 Peer Support Leaders encouraged their peers to build a positive and caring class culture. They helped to facilitate a class activity to appreciate everyone's uniqueness. Students affirmed a buddy within their group to make them feel valued and appreciated.

**“ I am a  
trusted  
friend. ”**

*Written by Mrs Audrey Tan and Mrs Ethel Koh*

## Interest Week: Discovering the Unique Me!

*Discovering the Unique Me!* aims to inspire our students to aspire by providing platforms for them to explore their values, interests, personalities and skills, raise their awareness of different types of education and career pathways and equip themselves with the values, skills and dispositions of lifelong learning to make informed choices regarding their education.

Recognising that every child is different and has varied interests and passions, our students were given the opportunity to explore and discover their interests in 12 different modules - Animation, Cajon, Cartooning, Culinary, Design, Drama, Entrepreneurship, Inline Skate, Jazz Dance, Media, Soccer and Urban Farming.

The 5-day programme was broken down into 3 segments - *Experience*, *Encounter* and *Engage*. During the *Experience* stage, our students acquired new knowledge, skills and dispositions from their teachers, instructors or coaches. For instance, those who participated in the Entrepreneurship module acquired the skills and knowledge to start and run a business. As *Leaders of Hope and Sowers of Change*, they came up with a business plan to sell handmade items to raise funds for the elderly in Villa Francis and St Joseph's Home. Knowing their purpose, the students publicised this event using the posters that they had designed to appeal to all students and teachers to support their cause. Their first foray in 'business' turned out to be a great success as all items were sold out by the end of the day. The students raised \$256.20 in that one day!

On the final day of the programme, our students had the opportunity to meet with professionals from the respective industries. During this *Encounter* stage, they were blessed to have meaningful conversations with the guest speakers via Zoom.

"Natalie does not give up and continues to try her best even during days when she is tired of dancing and acting. I learned to always be the best version of myself in everything I say and do!" Chew Caelyn (4 Joy) said after listening to the sharing by the guest speaker, Natalie Mae Tan, a child actress and dance student from School of the Arts (SOTA).

Throughout this 5-day programme, our students were engaged and continuously reflected on their experiences and learning.

*Discovering the Unique Me!* has allowed our children to understand that challenges present opportunities for them to grow. They are also keenly aware that they can always make things better. May our children continue to love and develop their interests and passions and never grow weary or tired of the journey.

*Written by: Ms Joslyn Chew and Ms Isadora Soh*

**“ I am created  
in God’s image  
and likeness  
and so is  
everyone else. ”**

**“ I know  
I still must  
grow. ”**

## Term 1 Angel Class Award

**“ I will always be  
the best version of myself in  
everything  
I say and do. ”**

The Angel Class Award is a termly award to recognise classes that are outstanding in demonstrating our school values – Charity, Humility, Forgiveness and Faith.

### Term 1 Angel Award Winners

Primary 1	Primary 1 Fortitude
Primary 2	Primary 2 Joy
Primary 3	Primary 3 Peace
Primary 4	Primary 4 Hope
	Primary 4 Piety
Primary 5	Primary 5 Peace
	Primary 5 Hope
Primary 6	Primary 6 Peace

### STAR Pupil Award – Charity Award

The STAR Pupil Award is presented termly to recognise and affirm students who have exhibited our school values in their classes and Co-Curricular Activities (CCAs).

This term, the STAR Pupil Award is presented to students who are exemplary in their display of Charity.

### Term 1 Charity Award Winners

Level	Name	Class
Primary 1	Jeong Hannah	Primary 1 Peace
	Cyrus Chia	Primary 1 Peace
	Chong En Xiang Jonan	Primary 1 Hope
	Kirsten Koh	Primary 1 Hope
	Leroy Yong Hong Yu	Primary 1 Joy
	Isabella Isla Foo	Primary 1 Joy
	Ee Qi'En Hannah	Primary 1 Fortitude
	Zev Chua Ya An (CS)	Primary 1 Fortitude
	Heather Ong Yu Xin	Primary 1 Piety
	Caleb Ng	Primary 1 Piety
	Karen Fan Rui En	Primary 1 Justice
Natraj Lutchia	Primary 1 Justice	

Primary 2	Sarah Lee Ruiyi	Primary 2 Peace
	Chooi Wan Gaa	Primary 2 Peace
	Su Jiaying	Primary 2 Hope
	Phua Ashley Jaden	Primary 2 Hope
	Goh Raphael Nicholas	Primary 2 Joy
	Chong Yu Qian	Primary 2 Joy
	Eliza Lim Zhi Hui	Primary 2 Piety
	Hameed Maricayar Hamdan	Primary 2 Piety
Primary 3	Liu Zhiyang	Primary 3 Peace
	Lim Jia En Isabelle	Primary 3 Peace
	Janice Seah Hui Lin	Primary 3 Hope
	Nur Myiesha Maisara Binte Ahmad	Primary 3 Hope
	Klaire Satore Yap Cheh Gek	Primary 3 Joy
	Kayla Tan Anhui	Primary 3 Joy
	Felicity Grace Sim Hwee Hsin	Primary 3 Piety
	Ti Jie Ken	Primary 3 Piety
Primary 4	Lim Xi Hui Claire	Primary 4 Peace
	Michael Rajeshkumar Maria Yazhini	Primary 4 Peace
	Ng Jing Yi Giselle	Primary 4 Hope
	Ang Jing Jing	Primary 4 Hope
	Adelyn Dang Yiling	Primary 4 Joy
	Winson Chai	Primary 4 Joy
	Augustine Mario Tan Jun You	Primary 4 Fortitude
	Lewayne Phee Jing Wei	Primary 4 Fortitude
	Hafiya Nur	Primary 4 Piety
	Huang Ka Yi Chloe	Primary 4 Piety
Primary 5	Jaime Laura Mark Zi Lin	Primary 5 Peace
	Charanya Chuah	Primary 5 Peace
	Joan Isabel Sim Hwee En	Primary 5 Hope
	Catherine Eloise Watt	Primary 5 Hope
	Delise Huang Xuanyi	Primary 5 Joy
	Chang Yu En, Lavelle	Primary 5 Joy
Primary 6	Anya Quay	Primary 6 Peace
	Jade Chan Qiu Hua	Primary 6 Peace
	Chew Rui Xuan Rachel	Primary 6 Hope
	Jolin Eng Yong En	Primary 6 Hope
	Sang Yi Han	Primary 6 Joy
	R Rishitasri	Primary 6 Joy

<b>CCA</b>	<b>Name</b>	<b>Class</b>
Art Club	Chia Jing Xuan, Alison	Primary 4 Joy
	Hein Htet Mahi Zaw Grace	Primary 5 Peace
Brownies	Cleo Marie Fernandez Santos	Primary 5 Hope
	Rajasekaran Danushka	Primary 6 Hope
Choir	Ti Sin Ni	Primary 4 Hope
	Tanya Sandeep Nair	Primary 6 Peace
Cub Scouts	Nicholas Tiong Shu Yuan	Primary 4 Peace
	Augustine Mario Tan Jun You	Primary 4 Fortitude
Guitar Ensemble	Michael Rajeshkumar Maria Yazhini	Primary 4 Peace
	Ang Jing Jing	Primary 4 Hope
Infocomm Club	Tabitha Letare Ulibasa Napitupulu	Primary 4 Joy
	Yuki Wan	Primary 6 Peace
Modern Dance	Salsabila Azzahra	Primary 5 Joy
	Triss Chow Qi En	Primary 6 Joy
Modular CCA (Sports)	Anya Quay	Primary 6 Peace
	Wan Sin Tze	Primary 6 Peace
Taekwondo	Lian Zi Han Samantha	Primary 4 Joy
	Png Qi Xuan, Seraphina	Primary 6 Hope
Track and Field	Ahuja Valen	Primary 4 Hope
	Helena Rose Binte Zuraini	Primary 6 Hope